

Te Rapuora Health Services

Te Rapuora Health is a free community based service that offers a range of services to whanau.

Te Rapuora Health also offers:

- In Blenheim
 - Addiction Intervention Services
 - Disability Support
 - Mental Health
 - Rongoa Maori
 - Whanua Ora Services
- In Nelson
 - Maori Day Activity Programme
 - Like Minds Like Mine
 - Mental Health
 - Tamariki/Rangatahi
 - NASC
 - PATHS

These services are easily accessed by contacting our service, should you require a referral.

Whare O Te Rapuora Health

Opawa House

69-71 Grove Road, Blenheim
PO Box 220, Blenheim

Phone: (03) 578 3348 Fax: (03) 578 8034

Office Hours: 8.30am - 5.00pm

Te Whare Manawa Ora (Nelson)

14 New Street, Nelson
PO Box 1381, Nelson

Phone: (03) 546 9997 Fax: (03) 546 9157

Office Hours: 8.30am - 5.00pm

www.terapuora.co.nz

Our Vision

He Mauri Ora, He Hauora

Our Mission

*Te hā o hauora, he aroha, he tautoko,
hei piki ake to mana o te tangāta.*

Whakarongo Mai

If you wish to give feedback or make comment about our services, you can phone the manager on 03 578 3348, email manager@tewaiha.org.nz or write to The Manager, PO Box 220, Blenheim.

Your feedback is important to improve the quality of our services.

Noho ora mai



**TE RAPUORA O
TE WAIHARAKEKE**



Planned Respite Care

Opawa House

69-71 Grove Road
PO Box 220
Blenheim

Phone: (03) 578 3348

Fax: (03) 578 8034

Website: www.terapuora.co.nz

WHAT THIS SERVICE OFFERS:

Our services are based on Maori models and values. Our services are available to anybody.

Our services are free.

What is Planned Respite?

Planned Respite provides care and accommodation for Tangata Whaiora/persons experiencing serious mental illness.

Clear arrangements and bookings are made in advance for transport and accommodation and both provider and Tangata Whaiora must have agreed to the duration and responsibilities of the Respite before it is approved.

Payment is made only to the provider to assist with costs incurred for the duration of the stay.

Te Rapuora will endeavor to provide training, information and support for providers and Tangata Whaiora during and after Respite.

Te Rapuora will provide a Code of Rights for Tangata Whaiora, as well as Agreement Forms, Crisis Management Plans and a code of Conduct for Carers.

Why use Planned Respite?

- Planned Respite is available to those living with a mental illness to give them “time-out” from their usual daily routines, problems, stresses or Whanau.
- It is used to build on your strengths and to improve your chances of continuing to live in your community, lessening the chances of hospital re-admissions.
- You use Respite to plan in advance when and where you would like to go, to fit in with school or public holidays, whanau etc.

- **TE RAPUORA DOES NOT PROVIDE EMERGENCY RESPITE PLACEMENTS. YOU NEED TO CONTACT YOUR SUPPORT WORKER IMMEDIATELY IF YOU REQUIRE EMERGENCY CARE.**

How do you qualify?

Te Rapuora can provide Planned Respite Services to Tangata Whaiora who have a referral from Witherlea House and have a Needs Assessment completed by an authorised person.

We are here to provide you with help, resources and support to give you a break away when and where you need it in a safe and supportive environment.

There are different options available for your Planned Respite/ These include:

- A private home setting where you will have friendly, supportive caregivers who will provide you with a comfortable bed, meals and company.
- Staying with Whanau, Extended Family or friends if this is appropriate to your needs.
- Motels or Holiday Parks if you would like a holiday type break in another location.
- We may be able to arrange group trips away with Kaimahi if this would best suit your needs.

Who pays what?

Te Rapuora makes a Direct Credit payment into the Care-providers bank account at a set rate based on the number of bed nights provided.

This is to cover the expenses of your stay and is not a payment to or for the Tangata Whaiora.

The payment will only be made for approved, pre-arranged Planned Respite, not retrospectively.

For More Information

Please contact Annette Thompson - phone (03) 578 3348
Te Rapuora Health Services, 69-71 Grove Road, Blenheim.

